

Community

Resource Centre Killaloe



ANNUAL REPORT 2022-2023



COMMUNITY MESSAGE

At the CRC, we think about a future where everyone has access to the connections, opportunities, supports, and services they need to live full lives in vibrant, sustainable rural communities. We offer innovative holistic programs to support children, youth, adults, seniors, and families to learn new skills, build on their strengths, access supports and services, and work together to nurture positive individual and community growth.

Over the past year, we continued our journey towards Truth and Reconciliation. This year, our staff and board participated in the KAIROS Blanket Exercise, exploring the relationship between Indigenous and non-Indigenous peoples in the land we now know as Canada. Our Equity, Diversity, and Inclusivity Working Group started the work to ensure our Human Resource Strategy is aligned to increase the representation and inclusion of diverse groups in our workplaces.

We work to increase and sustain access to programming for all community members, particularly our most vulnerable. Over the past year, we returned to offer mostly in-person programs, supplementing them with online offerings where the demand existed. All our programs saw an increase in attendance and all our daycares saw an increase in enrollment.

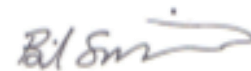
The CRC seeks to increase availability of, and access to, healthy food for all. We incorporate healthy snacks and meals into all our programs and take opportunities to teach program participants about healthy food and eating. Our garden program expanded with the addition of a greenhouse and gardens at Killaloe Pathways Park, and we expect to donate \$10,000 of local nutritious produce from our gardens to the food bank this year. Our Cooking with Friends program continued its popular format of having small groups of people gather in kitchens to cook meals to be shared widely.

Through the program, we served monthly meals for up to 100 seniors per month in Palmer Rapids and sent weekly meals to residents of Millstream Apartments in Killaloe. We continue to act as a lifeline to community members by distributing food vouchers and meals to those experiencing food insecurity with funds we raise through our Community Fund Giving Campaign.

This year we welcomed 2 new Board members who committed their time, knowledge, expertise, questions, perspectives, and hopes for the community to the organization. Thank you to Fran Murphy and Andrew Capobianco. We also extend our gratitude to retiring Board member and long time Chair, Cathy Lyons who has had an immeasurable impact on the agency and the community during her tenure and to Scott Pond, who after 7 years on the board is relocating to southern Ontario to be closer to family. We also said goodbye to Dan Harrington who had served 8 years on the board before his passing in February of this year. He will be missed.

The CRC continues to grow. We employ 50 workers, most who work full time to deliver an expanding number of programs and services. In addition, we are supported by almost 50 volunteers who generously give us their time by leading exercise classes, tending gardens, preparing income tax returns, mentoring aspiring cooks, musicians, preparing meals, leading art and craft groups, mentoring with our youth programs and operating our Buried Treasure store. Each staff member and volunteer showed tremendous resiliency, dedication, compassion, and courage, without which, we would not be where we are today. With your continued support and encouragement, we can do this, together.

Bil Smith



Executive Director

 15 Lake St PO Box 59
Killaloe Ontario K0J2A0
613-757-3108

www.crc-renfrewcounty.com



OUR STRATEGIC GOALS

ACCESS & INCLUSION

We work to increase access to programming for all community members.



FOOD SECURITY

We work to increase access to healthy food for everyone in our rural communities.



TELLING OUR STORY

We work to raise awareness of CRC programs, services and our impact in rural communities.

OUR RECIPE FOR CHANGE

Toy Bus

805 Children

learned through play and made connections.

488 Parents & Caregivers

connected with their children, other parents and early childhood educators.

87 Individual Fathers served

Returned to 75% in person and continued offering some virtual programming

Serving: 11 communities

Cooking With Friends

Over 1200 Meals Served to Adults and Seniors

Prenatal: CRC

129 Participants

250 Meals

900 Food Vouchers

25 Gas Cards

Groups and activities were in person, at parks, on-line and in community spaces. Serving: 6 communities

Kidz Kastle

125 Rural children

attended local childcare programs in Killaloe, Barry's Bay and Whitney.

Serving: 3 communities

CRC Youth Programs

326 Youth

attended youth programming in our Game ON! Mobile Youth Activity Program, RISE Empowerment Program/RISE 12+ and IMPACT Youth Mentor Project.

Serving : 22 rural communities

SASI

24 Participants

attended peer support groups

130 People

accessed self-care boxes, pride-bags, and free pregnancy tests.

350 people attended events

OPENING DOORS ★ GROWING TOGETHER ★ MAKING A DIFFERENCE

Direct Accountability

127 Individuals

participated in the program to take responsibility for the actions which led to their low-level criminal charges by completing court sanctions.

Seniors Active Living

Over 280 Rural seniors

participated in social, cultural, learning and recreational programs to promote lifelong health and well-being.

Supported two new partnerships

Killaloe Friendship Club &

Quadeville Seniors

Over 900 Lunches served

Serving 2 municipalities

Direct Supports

Over 113 Families

360 People

accessed direct supports including grocery cards, basic needs kits/gift cards, gas cards, and tech supports.

Information & Referral

Over 2000 People

accessed information, advocacy, support and referrals to local supports and services.

Volunteer Tax Clinic

204 Tax Returns

were filed by volunteers at no cost for low-income individuals.

Food & Toy Drive

408 Children

received toys and gifts

106 Families

received holiday food boxes

14 Individuals and families

received grocery gift cards

100 Seniors

received Gifts



IT TAKES A VILLAGE.
 THANK YOU TO ALL
 WHO CONTINUE TO
 SUPPORT OUR
 COMMUNITY!



BOARD OF DIRECTORS
 Cathy Lyons
 Greg McLeod
 Andrew Capobianco
 Kristen Callaghan
 Fran Murphy
 Dan Harrington
 Scott Pond
 Roberta Della-Picca
 Anne Burns
 Anne George
 Melissa Tremback
 Duncan Noble

BURIED TREASURE
 VOLUNTEERS
 Stasia Recoskie
 Pat Marshall
 Mary Hunt
 Marian Zohr
 Angeline Roach
 Karen Shimansky
 Betty Stewart
 Nancy Johnston
 Sue Wheatley

Our 2022-2023 Audited Financial Statements
 are available by request in print or on our
 website at www.crc-renfrewcounty.com